



## **OSRP Board of Directors Profiles 2022-2023**

**Name: Christina Williams, RP, M.Sc.**

**Educational Degrees, Certificates:**

- Masters of Science in Counselling
- Bachelor of Arts in Psychology

**Psychotherapy Orientation:**

- Elective approach including Dialectical Behavioural Therapy, Cognitive Behavioural Therapy, Narrative Therapy and Mindfulness that is client centered and trauma informed.

**Organizational Experience:**

- Private Practice Psychotherapist
- Psychotherapist at School Board
- Previously In-Patient/ Out-Patient Psychiatric Ward at Hospital

**Special Interests:**

- Borderline Personality Disorder
- First Nations Populations (both on reserve and urban indigenous peoples)
- DBT for Adolescents