



OSRP Board of Directors Profiles 2022-2023

Name: Dianne Wright, RP, CCSP-ADHD, CRPO #009768

Educational Degrees, Certificates:

- Existential Integrative Psychotherapy
- Certified Clinical Services Provider – ADHD
- Clinical Supervision (30 Hours) – University of Ottawa

Psychotherapy Orientation (areas of interest):

- Brainspotting
- Cognitive Processing Therapy
- Cognitive Behavioural Therapy
- Deep Brain Reorienting
- Dialectical Behavioural Therapy
- Humanistic
- Internal Family Systems (Informed)
- Mindfulness Based Relapse Prevention
- Person-Centred
- Psychodynamic
- Somatic Embodiment & Regulation
- Trauma Focused
- Individual – Adult (18+), particular focus in ADHD, Personality and Trauma
- 1:1, Group and Community Workshops

Professional Affiliations:

- OSRP – Member in good standing
- ISSTD- Member in good standing

Certifications:

- Registered Psychotherapist, College of Registered Psychotherapists of Ontario #9768

Organizational Experience:

- Hospital Inpatient (Trauma & Concurrent Disorders), Intensive Outpatient (Trauma & Concurrent Disorders, Agency and Private Practice).

Special Interest(s):

- Women's wellness (ADHD, Menopause and Mental Health, Trauma and Personality)
- Cancer-care – Thriving in the presence of extraordinary stress